

## **2011 Minutes of all Membership Council Meetings Colorado October 2nd – 6th 2011**

### **Membership Council Meeting: Opening meeting of the Annual General Meeting (AGM) of Alexander Technique International (ATI) Sunday October 2, 2011 11-12:30pm Mountain Time Chautauqua Center, Boulder, CO, USA**

Jennifer Mizenko, outgoing chair, reviews what has already happened at the AGM (registration, board meetings, introductory workshop on Formal Consensus, and the Teacher Certification pre-day) and makes general announcements.

Announcements from Site Chairs: Julie Rothschild and Shawn Copeland about site matters including neighboring bears, quiet hours, hiking trails, etc. There is a sign up for the Tuesday night Community class.

For the Monday workshop on web, it was suggested that you bring a sack lunch.

AGM Intentions: In addition to the general intentions of the AGM there are three proposals up for consideration:

Proposals:

- 1) Honorary Membership Proposal: Proposed by Formal Consensus Planning Committee (FCPC), facilitated by Cathy Madden;
- 2) Change name Sponsor to Evaluator;
- 3) Certification Coordinating Committee (CCC) Proposal regarding letter from principle trainer.

Translation flags: use for language/translation issues only.

Chair's comments (Jennifer Mizenko):

Accomplishments:

Jennifer Mizenko gave her list of accomplishments during her board tenure and discussed each.

Needs for 2012:

- Strong and Active Membership Committee
- Web redesign
- Continuing Education Committee
- Contribution Link on ATI Public Website

Goals Jen M. set that were not achieved:

- Receiving grants from major corporations
- Giving Grants to Trainees/Teaching Members—has gotten cut from the budget every year;
- Acquiring Independent Office Space—Tommy lets us have office space in his teaching space—fabulous, but need to grow.

## Committee Reports:

1. Agenda Planning - Sarah Barker is filling this role here - no current active chair;
2. AGM Site - Julie Rothschild and Shawn Copeland will continue through 2012; Jan Seeber, site coordinator; Papenburg, Germany. Various airports possible - great service by train.
3. Certification Coordinating - Sarah Barker: focused on making certification clear and easy. Building a community of sponsors. Read white paper.
4. Communications: RJ Fleck and Monika Gross—report on All Together; all will be uploaded there; regular Communique - archived on All together; Exchange revamped to digital format this year - next one in October; All Together is a place for everyone and all together - place to learn and grow in All Together-land; updating and revising current public website - needs money and human resources; Streamlining information and how it gets around; coordinating with ATI Admin. Jen Fries, administrative assistant; improving International communications for translations etc. Language groups on All together. Monika acting as ATI rep. to ISMETA.

(Jennifer adds 5 minutes.)

5. Ethics Advisory being resurrected - all members voted on Committee;
6. FCPC - Cathy Madden thanks all who participated in Formal Consensus on All Together site.
7. International - Tommy Thompson talks of beginning of ATI. Fiona Cranwell will be the first European chair. Working on translations. 1-2 country coordinators. Tommy, Catherine Ketrwick and Eric Binnie will work on a proposal for separate country offices;
8. Membership - Daiju Yokoe (DJ): slow and steady analog work; telephone tree; membership has increased a lot in Japan; Gilles Estran in France also reports slow and steady. Jen says Member survey going online with renewal - we can do data gathering here;
9. Nominations - Robin Gilmore has one more year as chair;
10. Professional Development Committee (PDC) – Antoinette Kranenberg - Catherine Ketrwick has a clear and brief report on website - meeting on Ethics and PDC - Tuesday after community class on code of ethics;
11. Vision/Mission (V/M) made up as former chairs of ATI, and serves in advisory capacity. Accepts all questions.
12. Workshop Planning - Susan Sinclair enters.

## Opening of the Committee of the Whole - COW

Patt O'Neill moves, Antoinette Kranenberg seconds. Passed unanimously.

Jennifer hands it to Cathy Madden. MC member count: 33.

Agenda Planner: Sarah Barker (SB);

Facilitator: Cathy Madden (CM);

Doorkeeper: Monika Gross (MG);

Notetakers: Renee Jackson (RJ) and Marlene Johnson;

Public Scribe: Jennifer Mizenko (JM);

Peace keeper: Tommy Thompson (TT);

Advocate: Peter Nobes (PN).

Language Advocate possible;

AT Advocate: Hands-on can be requested.

We just assigned the public roles here; for later meetings Cathy

Madden (CM) will assign ahead of time and let us know.

Now on to Proposal 1 (Honorary Membership):

Introduced: 5 minutes

Clarifying questions: 15 min

Level 1 discussion: 15 min

Evaluation: 5 min

Go for 12:30 check-in.

Consensus for Agenda.

Marilou Chacey presenting (pink sheet in packet) – she reads.

Cathy Madden: questions: Is Final Decision by vote? Yes. Antoinette Kranenburg: What kind of participation does ATI foresee? It's an award. They can attend but not vote, though they could become a teaching member (Elisabeth by recognition.) CCC: "some exceptions could be made."

Level 1: Does this fit our vision/mission? Sarah Barker says it does - speaks to acknowledging people. Makes ATI visible to more; first point.

Cathy Madden: sense of room good. Consensus on Level 1.

Move to Level 2. 8 minutes available. Antoinette Kranenburg has a concern for leaving people out of Level 2 who aren't here yet; Sarah Barker honors that, but thinks that Agenda planning is imperfect—now 5 minutes. Proposal now belongs to group. Grammar: Any Board member . . . themselves.

RJ Fleck: why 75%? Counting vote, campaigning issue? Concern that this is done by voting rather than FC. Monika Gross: individual vs. organization? Marilou Chacey: refers to individual. Monika Gross doesn't have a concern. Cathy Madden: evaluation; thumbs up; ended early and did one extra thing!

### **Membership Council Meeting MONDAY, October 3, 2011**

Meeting Intentions

Timekeeper-Bob Lada (BL);  
Peacekeeper-Rosa-Luisa (RLR);  
Advocate- Antoinette Kranenburg;  
Doorkeeper-Jane;  
Public Scribe-Lynne Compton;  
Notetaker-Carol Pino (CP).

#### **Agenda:**

##### **Announce Roles 2**

##### **Present Agenda and Call for Consensus 5**

##### **Proposal 1 Level III discussion 20**

Report from concerns committee; recommended choosing honorary members by the same process as lifetime members because it provides for private feedback and no election; grammar problem resolved.

##### **Light & Lively 3**

New wording proposal discussed and setting aside organization component until next year under a different proposal and concerns were presented; consensus on Proposal 1 was reached.

##### **Proposal 2 Level II discussion 10**

Review of applicant's process for teacher certification by 3 independent sponsors; concerns reviewed; additional concerns brought to the floor and clarifying questions asked/answered; small group formed to discuss concerns/questions.

##### **Light and lively 3**

##### **Proposal 3 - Clarification 5**

Review of proposal; concerns presented; concerns closed

##### **Proposal 3 Level II discussion 30**

##### **Evaluation 5**

Roles selected beforehand; really think about what concern is before raising hand and stating concern; move with the spirit of discussion words will come later; support towards each other; name

next to concern; warmth and compassion without personal sacrifice of ideas; celebrate levels of years in ATI by members as one; consensus on a proposal;

#### **Announcements 4**

Come to sponsors meeting tonight at 6 and the sponsors panel at 8; if joining community class let Julie know; take your things out of this room in the evening as room is locked; compost bins on map so take your trash there; sun rises at 6:45; see Peter about No Talent Show; need more translators, see Tommy; Tommy needs time to acknowledge translators and coordinators; Anita and Bob need to use room tomorrow 2-4; if needing space, see site coordinator; website development meeting on dining room porch; Julie will set up table for personal announcements.

#### **Wording of Proposals:**

##### **Honorary Membership Proposal**

ATI may recognize an individual, not affiliated with ATI, for lifelong contributions that benefit the exploration of the human potential, and the development of somatic knowledge, which add to and further enhance the discoveries of F. M. Alexander. This is a rare and an exceptional honor awarded by ATI. As is common with Honorary awards, Honorees will **not** have the same rights and responsibilities as ATI Members. Any ATI Member may nominate an individual by submitting this person's name and a rationale to the ATI Board. After deliberation and without dissent, the ATI Board may confirm the individual for consideration of Honorary Membership by the ATI Membership. Any Board Member with a conflict of interest will excuse themselves from this process. The final decision would be made by agreement of 75% of the ATI Members attending an ATI Annual General Meeting (AGM).

#### **Proposal 2**

##### **Change the word Sponsor to Evaluator**

We propose to rename the individual who is authorized by ATI to determine if the teaching skills of candidates for ATI Teacher certification are at the professional level ATI requires. We propose to replace the term "Sponsor" with the new title of "Evaluator."

##### **Why we believe this change is necessary**

1. Members have expressed concerns that the word "sponsor" is not an accurate description of the function that these members provide.
2. The word "sponsor" has many different meanings.

#### **Proposal 3**

##### **Confirmation of Training**

ATI will require written proof that an ATI teaching certificate candidate has completed a teacher training process. This requirement will be satisfied in the following manner: Each ATI teaching candidate must submit a copy – to be included in the Certified Teacher Application packet - of the candidate's training certificate, or a letter confirming successful completion of a training process from an Alexander Technique teacher (from ATI or any ATI recognized Society), who has a significant relationship to the candidate such as trainer or mentor. (A "significant relationship" means a relationship of work and study for no less than six months and preferably at least two years). The candidate must also submit this document to each sponsor before being evaluated.

### **Membership Council Meeting Tuesday, October 4, 2012**

#### **Meeting Intentions: 5 (after roles)**

Assign roles:

Public Scribe: Kate Lushington (KL)

Facilitator: Marilou Chacey (MC)

Timekeeper: Daiju Yokoe (DJ)

Peacekeeper: Sarah Barker (SB)

Advocate: Patt O'Neill (PON)

Doorkeeper: Antoinette Kranenburg (AK)

Notetakers: Renee Jackson (RJ) and Marlene Johnson (MJ)

**Proposal 2: Level II: Changing Sponsor to Evaluator: report from Sub-Committee by Jennifer Mizenko (JM)**

**Proposal #2: Sponsor to Evaluator**

Roots of the word Sponsor – connected to baptism, spouse, to promise solemnly, a surety, guarantee.

Categories of Concerns:

Administrative

Language

History

Qualitative/How

\*Sub-committee recommends this Proposal go back to Committee for further exploration: the recommended Standing Committee is Certification Coordinating Committee. To solve the above concerns the following questions and issues need to be addressed:

\*Describe that the Sponsorship process involves an objective evaluation, in Step 3 of ATI Teaching Application Packet. “Objective Evaluation Process”

ATI needs to define the Sponsorship element of the process:

pre-, during and post-evaluation:

1. What happens before?
2. During? – currently most defined (“Candidate Evaluation Form)
3. And post? Is there follow up?

The sub-committee recommending for further work:

These suggestions solve the concerns of:

Administrative - changing minimal documents.

Language – we’re more accurate describing the process.

History – staying connected to our roots.

Qualitative/How – we’re further investigating the whole concept of Sponsor and the certification process.

Marilou Chacey asks for clarifying questions about this.

Sarah Barker asks about abandoning “Evaluator”

Jennifer Mizenko: yes, but puts in language about objective evaluation. Tommy Thompson asks about structure:

If we consent, no change, but CCC will work on description and

possibly return a proposal next year. No decision this year—going back to committee.

Concern that Catherine Ketterick’s and Carol Levin’s voices not be heard.

Send proposal back to CCC, include Catherine Ketterick and Carol Levin as much as they would like.

An Invitation to Participate:

Rosa Luisa’s Story of Marge: Rosa Luisa had an invitation to join CCC; and she thought of when someone invited Marge to do something; she listened, considered, and said “I’d love to.”

When asked to join CCC, Rosa Luisa did this process, and said “I’d love to.”

Membership Survey

Taken out of packet and collected at secretary’s table.

Code of Ethics

Will be used in tonight’s PDC workshop.

Found glitches in documents, so we are re-signing the code. Please give signed Code of Ethics to Bob.

Invitation to Service: Jen M. Testimonials from SB and MC, and Robin Gilmore (RG) offers to explain committees.

Community Class tonight at 7-8pm in Assembly Hall.

### **Proposal 3 Level III: Confirmation of Training**

ATI will require written proof **Acknowledgement** that an ATI teaching certificate candidate **has learned to teach the F.M Alexander technique**. has completed a teacher training process. (**word training appears later**.) This requirement will be satisfied in the following manner: Each ATI teaching candidate must submit to each sponsor, before being evaluated, a copy of the candidate's training certificate, or a letter confirming successful completion of a training process from an Alexander Technique teacher (**delete: from ATI or any ATI recognized Society**)), who has a significant relationship to the candidate such as trainer or mentor. (A "significant relationship" means a relationship of **continuous** work and study for **at least delete: no less than six months**. **Delete: and preferably at least two years**). A copy of this document must be included in the Certified Teacher Information packet.

Two working groups to resolve concerns. Length of time 6-months to 2 years: RJ work on small groups Cathy work on inclusion - current wording too restrictive; See plum concerns above: Diana Bradley suggests a small group to work on ( ) deletion concern. MG reports: 1st sentence: change to written "acknowledgement" see in plum above. Small group to resolve concerns 15 COW to resolve concerns 15 Diana Bradley essence of proposal as written Jennifer Mizenko: Could we defer this decision to tomorrow? Small group meet before tomorrow (Marilou Chacey directly after meeting).

#### Evaluation:

Tommy Thompson: beautiful process and is everything we have become as a group; take into next year everything discussed for sponsorship; Marilou Chacey thanks all for assistance; Thanks for Fiona's brilliance; Jennifer Mizenko thanks for filling out forms. Announcements about voting; 2pm Fascia film; Wednesday evening: 6:30-8pm. Potluck in here (be discreet with wine); sponsor voting by noon Wednesday.

### **Membership Council Meeting Wednesday, October 5, 2012**

Announcements: There were many announcements, so this part of the meeting went over time. A card for the Japanese members of ATI was circulated. The back table contained information on DVDs, papers, and workshops that were mentioned. Sarah Barker: Pilot study in Paris: Rachel Zahn. 10 AT teachers with 10 neuroscientists. Debi Adams: new Teacher Training course at Boston Conservatory.

#### Assign roles:

Public Scribe: RJ Fleck (rj)

Timekeeper: Jennifer Mizenko (JM)

Notetakers: Renee Jackson (RJ) and Marlene Johnson (MJ)

(Other roles assigned but not recorded.)

Meeting Intentions: Read in English, then read in German by Rosa Luisa Rossi and Ursula Zidek, and in Korean by Songun.

Proposal 3 Level III: read with one change (in green); Looking for changes with substance. Marilou Chacey doesn't like parentheses. Jennifer Mizenko brought up defined amount of time vs. trusting sponsors. Tommy Thompson: take out time limit and define relationship. Robin Gilmore (RG): ethics is behind this proposal. "Significant role."

#### Wording Proposal 3: **Proposal 3 Confirmation of Training:**

##### **Latest draft - consensus**

ATI will require written **acknowledgement** that an ATI teaching certificate candidate has **completed a process** to learn **to teach the FM Alexander Technique**. This requirement will be satisfied in the following manner: Each ATI teaching candidate must submit to each sponsor, before being evaluated, a copy of the candidate's training certificate, or a letter from an Alexander Technique teacher confirming successful completion of a training process. This Alexander Technique teacher, will have played a significant role in this process such as trainer or mentor. A "significant role" means a relationship of **continuous** work and study. A copy of this document must be included in the Certified Teacher Application packet.

## Light & Lively 5 "Climb Every Mountain"

### Meeting Evaluation

Sarah Barker: thanks for elegant solution and brilliant process.

Corinne Cassini: touched by whole process.

Monika Gross: thanks people in room from 1986.

Announcement:

Robin Gilmore (Nominations chair):

Marilou Chacey finished term limits on board. Tomorrow please vote for her as Agenda Planning Chair. Tommy Thompson thanks board, committee chairs, and international coordinators.

Adjourned early at 12:07pm MT.

Final Meeting of the 2011 AGM: Thursday morning,  
October 6, 2011

Notes taken by Carol Pino (slight edits by Renée Jackson)

### Meeting Intentions

\*Collection of Proxy Ballots

\*Group reading of Intention

Closing of the COW (Committee of the Whole)

\*Debi Adams moved and Jen Mizenko seconded to close COW, unanimously approved Final Business

\*Request for lavender sheets and code of ethics sheets

\*Jennifer Mizenko made announcements

Sponsor Vote Announcement

Robin Gilmore announced the following:

reelected: Corrine Mencarelli and Livia Pisok

new sponsors: David Gorman and Debi Adams

Vote on Proposals

\*Explanation of voting

\*Debi moved to accept the two proposals, Honorary & CCC,

Marilou seconded and proposals unanimously approved.

Vote on 2010 Minutes

\*Fiona Cranwell moved and Jen M seconded to approve minutes,

18 in favor, 0 abstentions, 0 opposed

Vote Marilou Chacey APC Chair

\* Sarah Barker moved and Fiona Cranwell seconded, 50 in favor, no opposed or abstentions

Evaluation of AGM

\*Jen Mizenko is scribe

\*Great site

\*Good job site committee

\*Missed community dining

\*Need to know where each person is staying and who is coming early

\*Some liked no catering to take care of dietary needs

\*Community dining whether catered or individual

\*More exchange time and random exchange partners

\*Need an exchange coordinator

\*Thank workshop planners--great flow and wholeness

\*Exchange room different from gathering room

\*Need a different type of workshop on Thursday, many gone and difficult to pack, present, etc.

\*Community Class wonderful

\*Community Class at a different time

\*Kindness, generosity, as a new attendee; need more movement time; buddy system very helpful for first time attendees

\*Julie Rothschild

\*Formal Consensus Rocks!

\*Wonderful that Bill's Master Class was 2 hours

\*Workshop for trainees would be beneficial to them

- \*FC fitting into our needs online
  - \*An hour where qualified teachers are available to new teachers and trainees for exchange
  - \*AGM assistants were great
  - \*Thanks for all assistance to attendees
  - \*Adopt hand signals instead of clapping
  - \*Best example of how to fit FM's principles to everything that we did at AGM
  - \*Thank keynote speaker for being accessible
  - \*Timeline of ATI history needed to be posted
  - \*A session to talk about the history of ATI;  
(some past events confidential, however.)
- ANNOUNCEMENTS AND PAPENBURG, Germany
- \*Pre-day 27 October; 28th October-November 1st 2012
- [www.hoeb.de](http://www.hoeb.de)
- \*Philip Nessel: cultural capital needed
  - \*Name tag box to reuse
  - \*Help needed to clean up until 2pm
  - \*CEC Chair is Peter Nobes.
  - \*Magazines, etc. available (ISMETA; DIRECTION)
- BUSINESS MEETING CLOSED BY CATHY MADDEN